

GUIDELINES FOR PROJECT WORK S490 - M.SC YOGA (SEMESTER PATTERN)

A student can take up a Project Work during the IV Semester (only after completing III semester).

OBJECTIVES OF PROJECT WORK

- 1) To give exposure to the student on the methodology of planning a study, data collection, analysis, presentation and decision-making about personal or interpersonal problems.
- 2) To enable the student to apply multi-disciplinary theoretical concepts and principles in real life.
- 3) To develop the ability to operationalize methodology for any problems both in the internal and external environments.

SUPERVISOR

Eligibility

1) Teachers holding Master's Degree in **M.Sc Yoga**and having a minimum of **FIVE** years of teaching experience in the Faculty of Education, Annamalai University. The Coordinator shall identify a suitable research supervisor in the respective field and approve the topic.

FORMAT OF THE PROJECT REPORT

- 1) The project report should not exceed 200 typed pageswith double line spacing.
- 2) The project report should also contain a certificate of originality from the Research Supervisor.

PROJECT PROPOSAL SUBMISSION AND APPROVAL

After finalizing the topic and selection of the research supervisor, students should send the project proposalproforma along with the bio-data of the research supervisor (with passport size photograph). It is mandatory on the part of the students to enclose a passport size photograph of their respective Research Supervisor for approval from the Director, CDOE. Proposals incomplete in any respect will be summarily rejected.

Important Instructions

1. Two typed copy of the project report along with one soft copy of CD should be submitted to the following address:

The Director

Centre for Distance and Online Education Annamalai University Annamalainagar – 608 002. Chidambaram Taluk Cuddalore District Tamil Nadu

With mention as "PROJECT REPORT- YOGA WING' on the top of the cover.

- 2. Project Report should reach the **Director**, **CDOE** on or before **10.06.2025** without late fee.
- 3. Project Report will be accepted **with a late fee** of **Rs.750/-** should reach the CDOE Office on or before **16.06.2025**.
- 4. Project Report received **after16.06.2025** will not be accepted on any circumstances.
- 5. The student should bring Identity Card and one hard copy of the Project Report during Viva-Voce Examination.
- 6. All enquiries regarding the Project Report should be sent to

The Coordinator, Yoga Wing Centre for Distance and Online Education Annamalai University Annamalainagar – 608 002

- 7. Photo copy of the approval of the Proforma of Project Proposal should be attached in the Project Report.
- 8. Project Report should contain a certificate duly signed by the Research Supervisor, stating that the Project Report is an original work and not submitted earlier to any University/ Institute.

DIRECTOR CDOE

ANNAMALAI UNIVERSITY CENTRE FOR DISTANCE AND ONLINE EDUCATION PROFORMA FOR APPROVAL OF PROJECT PROPOSAL S490 - M.SC YOGA (SEMESTER PATTERN)

Enrolment Number.....

	(In Capital Letters)	
2.	Address	
3.	Mobile Number (WA)	
4.	Subject Area of the Project	
5.	Title of the Project (In Capital Letters)	
6.	Name and Official Address of the Research Supervisor (Bio-Data should be enclosed)	

Signature of the Student with Date

1. Name of the Student

Research Supervisor Coordinator, Yoga Wing Director, CYS



Affix latest Photo (compulsory)

BIO-DATA OF THE RESEARCH SUPERVISOR

1.	NAME (IN CAPITAL LETTERS)	
2.	EDUCATIONAL QUALIFICATIONS	
3.	DESIGNATION	
4.	COLLEGE/ INSTITUTION ADDRESS PRESENTLY WORKING WITH MOBILE NUMBER	
5.	RESIDENTIAL ADDRESS	
6.	NO. OF YEARS OF TEACHING EXPERIENCE	

Signature

Director, CDOE